

New Album, Messengers Rising Available

2017

1 min read • 93 words

Themes: Mental Health

I have a (somewhat) new album available, called Messengers Rising.

It was mostly inspired by a previous relationship of mine, as well as coping with being diagnosed with bipolar disorder—experiences explored in depth in [my mental health advocacy writing](#) and understanding [the complexity of relationships with manipulative partners](#).

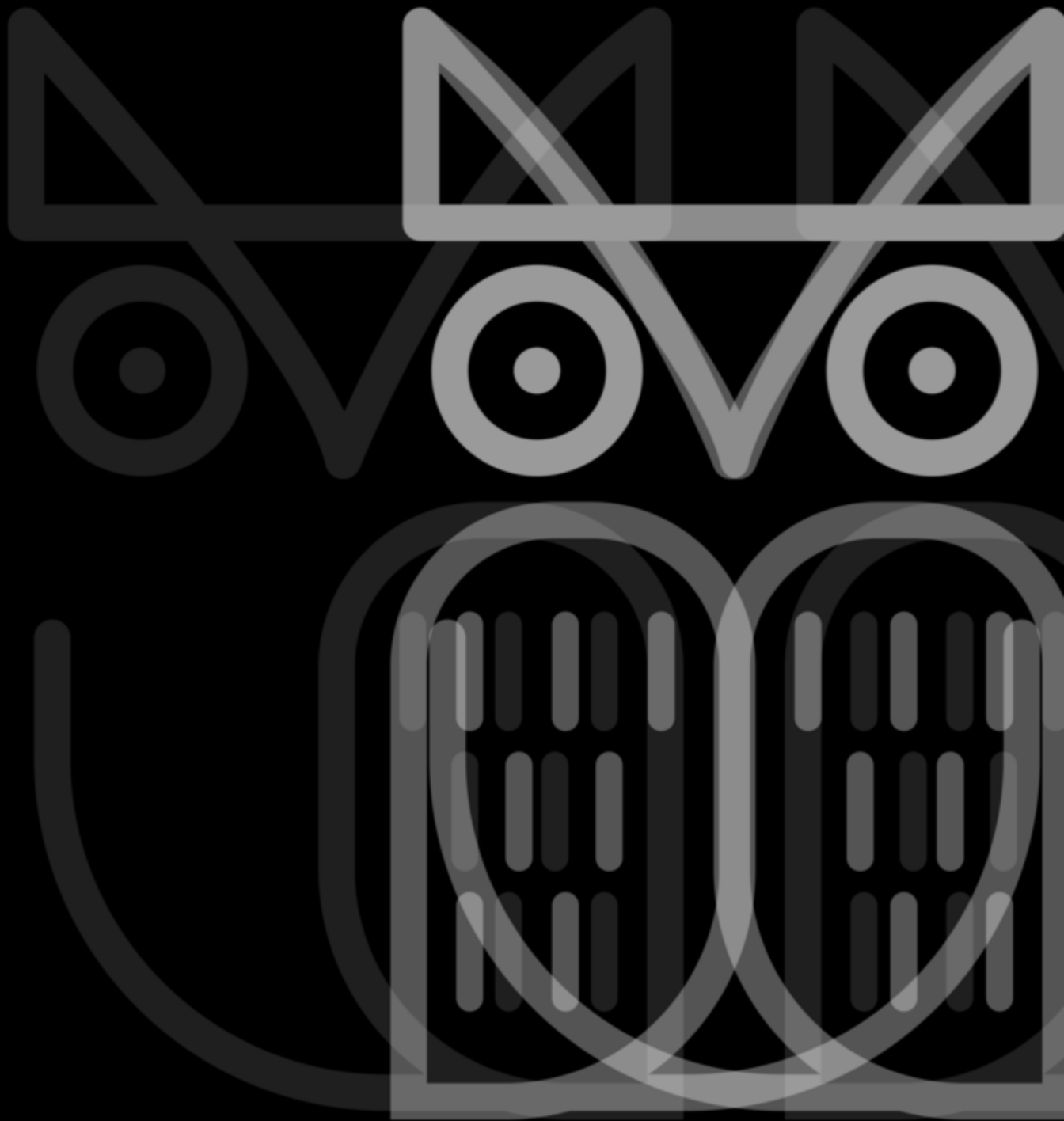
You can stream it for free on all major services.

- [Spotify Link](#)
- [TIDAL Link](#)
- [Google Music](#)

If anyone wants a lossless copy of the album, feel free to email me, and I'll send you a link in your preferred format.

I hope you enjoy it!

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